

Master of Science in Sport and Fitness Management (MSSFM) Fitness, Sport, and Club Management Concentration

You may print this page and check off courses as you complete your degree.

The Sport and Fitness Management program is designed to provide the graduate with the knowledge, skills, and attitudes to engage in the practice of management in a variety of settings. The goals and objectives of the program are guided by, but are not limited to, the criteria and guidelines set forth in the Standards for an Accredited Educational Program by the North American Society for Sport Management.

Students are provided with classroom, laboratory and clinical experiences to accomplish these objectives. Students are evaluated on their progress in meeting the above objectives throughout the program. Opportunities and evaluations are provided for actual participation in professional clinical sites including athletic, sport and club fitness, coaching facilities, rehabilitation facilities and community settings in the practice of Sport and Fitness Management.

The program aims to provide a broad-based, comprehensive curriculum, with an emphasis on interdisciplinary collaboration that prepares a sport and fitness manager practitioner to

1. direct an individual's participation in selected clinical opportunities aimed at reinforcing and enhancing performance; facilitate learning of those skills and functions essential for productivity, thus the individual will be able to better communicate effectively with clients, subordinates and the public;
2. provide services to improve function to prevent deficits in activities of daily living, work, play/leisure, and in the underlying performance of managing to ensure quality of services and effectiveness of the program; and
3. function in a variety of roles including direct managing provider, consultant, case manager, educator, administrator, researcher and advocate in a variety of sport and fitness management delivery models and systems where sport and fitness management is traditionally practiced and in emerging areas of local community, state, regional, national and international arenas.

Upon successful completion of the SFM program, the student will be able to

1. plan, develop, implement and evaluate programs of service designed to meet local community, state, regional, national and international needs;
2. administer and manage a sport and fitness management service;
3. articulate and apply sport and fitness management principles, intervention approaches, rationales, and expected outcomes of service;
4. be innovators and leaders in the profession, applying sport and fitness management knowledge to the solution of complex sport and fitness managerial issues and health problems; and
5. demonstrate an attitude of inquiry and nurture the capacity for creative thinking, critical analysis and problem solving; to interpret research studies and to apply research results to sport and fitness management practice; and to contribute to the advancement and dissemination of research and knowledge in the behavioral science.

Prerequisite Requirements

Candidates for admission must hold a baccalaureate degree in sport and fitness management or related field.

Admission Requirements for the Master of Science in Sport and Fitness Management Unconditional Admission

1. Applicants must have a baccalaureate degree from a regionally accredited four-year institution. Students with a baccalaureate degree from an unaccredited or otherwise accredited institution should see Unaccredited or Otherwise Accredited Student Admission.
2. Applicants must achieve a score of 33 or higher on the Miller Analogies Test or a score of 850 or higher on the Graduate Record Examination (verbal and quantitative).
3. Applicants must have an overall grade point average of 2.5 on a four-point scale.

Conditional Admission

1. Students not satisfying the unconditional admission requirements may be conditionally admitted to the program pending satisfactory completion of the first 12 semester hours with a 3.0 grade point average. Students with a baccalaureate degree from an unaccredited or otherwise accredited institution should see Unaccredited or Otherwise Accredited Student Admission.
2. Students not satisfying conditional admission requirements will be dropped from the program for one calendar year, after which time the student must petition for readmission.

Curriculum

All courses offer three semester hours of credit except SFM 6625, 6626, 6627, 6680, 6681, 6682.

Transfer Credit

A maximum of 12 semester hours taken at another regionally accredited institution of higher learning, with a grade of "B" or better, can be applied toward the degree. These courses must be comparable to Troy University's courses and must be approved by the SFM graduate faculty.

Requirements for Admission to Candidacy

To be admitted to candidacy, students must have a 3.0 GPA on all work attempted. Unconditionally admitted graduate students must apply for admission to candidacy after completing nine semester hours of requirements as outlined for the specific degree program. The Admission to Candidacy form must be completed within the first 18 semester hours of the program. If the Admission to Candidacy form is not completed by the conclusion of 18 semester hours, a hold will be placed on the student's registration until Admission to Candidacy process is completed. A student will be admitted to candidacy the term following completion of 12 semester hours.

Degree Requirements

Any student completing course work with a 3.0 or better GPA, fulfilling candidacy requirements, and successfully completing the required comprehensive examinations will be awarded the degree.

Sport and Fitness Management

A minimum of 33 semester hours is required for completion of the program.

Sport and Fitness Management Core Courses (18 hrs.)

<u>SFM 6610</u>	3	Physical Education, Sport and the Law
<u>SFM 6615</u>	3	Sport Administration
<u>SFM 6617</u>	3	Readings in Sport Management, Fitness Management
<u>SFM 6632</u>	3	Critical Issues in Sport and Fitness Management
<u>SFM 6640</u>	3	Sport Marketing
<u>SFM 6691</u>	3	Research Methods

Concentration Requirements

Fitness, Sport and Club Management (Select 15 hrs.)

<u>SFM 6620</u>	3	Physical Fitness: A Critical Analysis
<u>SFM 6623</u>	3	Biomechanics of Sport Technique
<u>SFM 6650</u>	3	Nutrition and Physical Performance
<u>SFM 6670</u>	3	Exercise and Disease Prevention
<u>SFM 6671</u>	3	Exercise Through Life Span
<u>SFM 6680</u>	1-9	Practicum in Sport and Fitness Mgt. or
<u>SFM 6690</u>	3	Internship or
<u>SFM 6695</u>	3	Thesis
<u>SFM 66xx</u>	3	Adviser Approved Elective